



*It's not an easy decision.
But we can help.*

HAVING TO ADJUST OUR LIFESTYLE FOR HEALTH REASONS can be one of the most difficult changes we ever face in life. That's why at Presbyterian Manors of Mid-America, we believe the best possible care includes enabling the best possible quality of life for our residents. This commitment extends beyond delivering health care to encouraging independence, involving friends and family, and learning the routines and interests of every person we serve.

By customizing our services to meet the individual needs of our residents, we help them make the most of their abilities and ensure they always have choices. This way, our residents have every opportunity to get the most out of life, every day.



Sterling Presbyterian Manor
204 West Washington
Sterling, Kansas 67579
P | 620-278-3651 F | 620-278-3581
SterlingPresbyterianManor.org



HEALTH CARE AND REHABILITATION

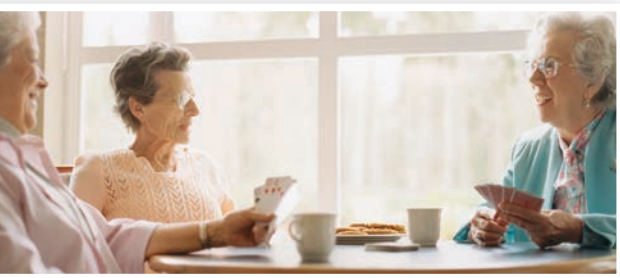


Helping seniors and families
find solutions.

Just Ask. Together, we'll find the answers.

We're with you every step of the way.

At Presbyterian Manors, we recognize you may have questions. We'll work with you to help find the right answers. Together, we assess each resident's capabilities, preferences and physical health to determine what level of care is most appropriate. Whether it's getting back home quickly after rehabilitation therapy or long-term care with 24-hour support provided by our dedicated staff, your goals are our goals. We also understand Medicare and state guidelines, and can help navigate the often confusing regulations to make sure each resident is informed. With a comprehensive system of health care and rehabilitation services available, you'll have all the information and support you need to make the right decision for yourself or a loved one, at the right time.



What makes our community thrive is a commitment to making our residents feel at home. Along with individualized care that's available 24 hours a day, we offer a full range of activities to bring people together — including exercise options, social events, salon treatments, educational programs and more.



Covered services include:

- Three meals daily
- Healthy snacks available 24 hours a day
- Individualized care planning
- Daily housekeeping
- Weekly laundry
- 24-hour nursing care
- Security system bands for those who may wander
- Cable TV
- Activities and events
- Social programs and worship services
- Transportation to medical appointments
- Daily exercise classes
- Hospice services

A wide range of additional services are available, including physical, occupational and speech therapy; and respite care. For more information, please call or visit us today.

All you have to do is ask.

For more than 60 years, Presbyterian Manors has helped older adults and their families by going the extra mile to find the solutions they're seeking. Here, you have the freedom of opting to add services later, as needed, so you'll never have to worry about securing quality care during a moment of crisis. We can even help assess costs to determine what is covered under your long-term care policy.

No matter the question, you'll find the resource you need at Presbyterian Manors of Mid-America.

Just ask. Together, we'll find the answers.

